

## What We Know About Acting Out Teens

Conduct disorder is the most common diagnosis among adolescents brought for psychotherapy. Yet, many clinicians find this group of teens difficult to treat. Some see this diagnosis as universally reflecting a poor prognosis. However, there is clear evidence that this is a heterogeneous group of kids with vastly different prognoses. This seminar will help you understand the development of Conduct Disorder. You will also be able to identify risk level within this population. The complex role of the Department of Juvenile Services will also be explored. Finally, evidenced-based treatments will be presented.

### Target Audience

Psychologist      Social Workers      Counselors  
Nurses              Therapists              Case Managers  
Marriage and Family Therapists      Addiction Counselors

This seminar is for intermediate level clinicians

### Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify five impediments to accurate diagnosis of Conduct Disorder and how to overcome them.
2. Describe a model for the developmental path typically taken to Conduct Disorder.
3. Report three types of risk factors for violence.
4. Explain why group treatments for conduct-disordered youth should be avoided.
5. Identify three evidence-based treatments available for youth with Conduct Disorder.

Our seminars are available in two formats. The first is a live, interactive webinar. You can ask questions of our presenters, either by typing them or speaking into a microphone. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

## Outline

### Begin 10AM EST

#### Diagnosis

Criteria  
Common Mistakes

#### Etiology

Genetics/Temperament  
Environmental Factors  
Genetic/Environment  
The Path to Conduct Disorder

Co-Morbidity  
Longitudinal Studies  
Life-Course Persistent vs. Adolescent Limited

### 11:30 Break(15min)

#### Psychology

Defenses  
Family  
Social Cognition  
Aggression  
Conduct Disorder in Girls

#### Risk Assessment

Delinquency vs. Violence  
Biology  
Actuarial Instruments

Historical Risk Factors  
Social Risk Factors  
Individual Risk Factors  
Protective Factors  
The SAVRY

### 3:15 Break(15min)

#### Juvenile Services

Politics  
Historical Factors  
A Model System  
Deviant Peer Influences

#### EB Treatment

Multisystemic Therapy  
Functional Family Therapy

MTFC

### 1PM Lunch Break(1/2 hr)

### Ends 5 PM

## The Presenter

Keith Hannan, Ph.D. earned his Ph.D. in clinical psychology from Auburn University in 1989. He spent the early years of his career working in a state hospital where he directed an APA-accredited pre-doctoral internship and co-led a psychotherapy seminar for psychology interns with Clarence Schulz, M.D.. In the second half of his career, he has worked with adolescents in a variety of settings including inpatient psychiatric units, community mental health centers, private practice, and juvenile services facilities for both boys and girls. He served as the Director of Behavioral Health Services for a juvenile services facility for girls. In this capacity, he provided clinical supervision for mental health staff, designed behavior management systems, and consulted with administrative staff. He is currently conducting post-adjudicatory evaluations with adolescent offenders for the courts in Maryland. He has conducted over 1000 such evaluations. He has participated in the training of many psychologists. In addition, he has assisted in training direct care staff in numerous facilities for juvenile offenders.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN. This approval expires on March 1, 2022.

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