Applying the Stages of Change with Commercially Sexually Exploited Youth

Although the commercial sexual exploitation of youth has occurred in the United States, it has only recently begun to get attention. Given the newness of the topic, many providers struggle to engage youth involved in the commercial sex industry. The Stages of Change model has been identified as a best practice for working with the population. This 6-hour training will equip you with a better understanding of the Stages of Change model and engagement skills you can utilize when working with youth who are commercially sexually exploited. Without a model to engage youth, providers may place undue pressure on them, unintentionally cause harm, and develop unrealistic expectations for themselves. The training will discuss the stages in a practical manner: Participants will follow a youth and caregiver through each stage and learn strategies to engage them and help them move to the next stage.

Learning Objectives
At the end of this seminar, participants will be able to:

1. Describe the Stages of Change model.
2. Discuss the usefulness of the Stages of Change model with commercially sexually exploited youth.
3. Identify what stage of change a youth or their caregiver is in.
4. Apply engagement strategies to help the youth and/or caregiver transition to the next stage.
5. Identify engagement strategies when a youth reenters the commercial sex industry.

Target Audience
Psychologists
Social Workers
Counselors
Psychiatrists
Nurses
Course level: Intermediate

Outline
10:00(EST) – 11:30 CSEC 101 review, Stages of Change overview, Context of Change
11:30 – 11:45 Break
11:45 – 1:00 Precontemplation, Contemplation
1:00 – 1:30 Lunch
1:30 – 3:15 Contemplation, Preparation, Action
3:15 – 3:30 Break
3:30 – 5:00 Action, Maintenance, Recycling

General Information
The TZKseminars educational planning committee members and this seminar’s presenter have no relationship with a commercial interest pertinent to the content of this seminar.

Grievance Policy. Then, you can file a grievance on our Contact page. If you would like to file a grievance, go to tzkseminars.com and read our Grievance Policy. You can also send a written grievance to:

6030 Daybreak Circle, Suite A150/355
Clarksville, MD 21029

The Presenter
Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population: In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

The Presenter
Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population: In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

ThePresenter
Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population: In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

The Presenter
Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population: In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

The Presenter
Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population: In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

The Presenter
Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population: In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

The Presenter
Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population: In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

The Presenter
Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population: In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.