

Daphne M. Fatter, Ph.D.

2600 W Eldorado Parkway, Ste 230
McKinney, TX 75070
469-320-9668
daphnefatterphd@gmail.com

Education

- **The Pennsylvania State University, University Park, PA (APA Accredited)** Doctor of Philosophy in Counseling Psychology, 2011.

Dissertation: Relationships among meditation experience, mindfulness, differentiation of self, and countertransference management.

- **Naropa University, Boulder, CO (CACREP Accredited)**, Master of Arts in Transpersonal Counseling Psychology, 2006.

Master's Thesis: Unraveling the layers: Eye movement desensitization and reprocessing (EMDR) as a therapeutic trauma treatment with the child client.

- **Southwestern University, Georgetown, TX**, Bachelor of Arts Cum Laude in Psychology, 1998.

Professional Clinical Experience

- **Licensed Counseling Psychologist**, Private Practice in McKinney, TX, September 2015 – present.
- **Staff Psychologist**, Fort Worth Outpatient Clinic, VA North Texas Health Care System, Department of Veterans Affairs, Fort Worth, TX, November 2012 – July 2014.
 - Provided individual psychotherapy and crisis interventions for military Veterans with Post-Traumatic Stress Disorder, chronic pain, combat and sexual trauma.
 - Facilitated psychotherapy groups:
 - Emotion-Regulation Psychoeducational Women's Empowerment group for Survivors of Military Sexual Trauma and/or Physical or Sexual Violence.
 - PTSD Psychoeducational Class to Iraq and Afghanistan Veterans.
 - Anxiety Management group utilizing relaxation and CBT strategies.
 - Conducted brief mental health assessments and interventions in Primary Care.

- **Postdoctoral Fellow**, Trauma Center at Justice Resource Institute, Brookline, MA, September 2011 – September 2012.

Clinical Experience:

- Provided individual psychotherapy, neurofeedback, and biofeedback to adolescents and adults and conducted trauma assessments for adult clients.

Neurofeedback for PTSD Research Coordinator & Grant Writer:

- Coordinated, managed, and evaluated neurofeedback research study for PTSD including development of research design and methodology, obtaining IRB approval, managing research team of 3 people, and reporting to Principal Investigator.
- Recruited potential research participants, administered psychological interviews and PTSD evaluation, conducted quantitative EEG and neuropsychological assessments at intake and throughout data collection cycle, and summarized assessment data.
- Administered PTSD intervention of neurofeedback for study subjects including assessment of dosage, side effects, and neurofeedback protocol per participant.
- Wrote grants for PTSD research including conducting extensive research for studies on PTSD, coordinating team of 3 grant writers, and writing grant components.

Internship & Clinical Training

- **Pre-Doctoral Intern (APA Accredited Internship)**, UT Student Counseling Center, University of Tennessee, Knoxville, TN, August 2010 – July 2011.

- Provided individual, group, couples, triage and crisis counseling to undergraduate and graduate students for 2000-hour year-long internship.
- Provided stress management, preventative and wellness-oriented services to clients through the UT Stress and Wellness Clinic, utilizing biofeedback, meditation, relaxation, coping skill development and individualized wellness plans.
- Co-taught doctoral-level Practicum class to doctoral trainees.
- Provided individual and group supervision to doctoral level trainees.
- Provided outreach and community interventions to campus community with a focus on suicide prevention using the Question, Persuade, Refer (QPR) model.
- Conducted ADHD psychological testing and full-battery assessments utilizing the PAI, TOVA, Brown ADD Scales, DES, BAI, BDI, MMPI-II, and Schema Assessment.
- Co-taught Stress Management and Personal Relationships undergraduate courses.

- **University Counseling Center Counselor**, Counseling and Psychological Services, The Pennsylvania State University, University Park, PA. August 2007 – May 2010.

- Provided individual and group psychotherapy including intakes, crisis counseling, and short-term counseling.
- Supervised Masters-level counselor trainees, August 2008-May 2009.

- Conducted career assessments and provided career counseling, January 2008-May 2008.
- ***Advanced Practicum Counselor***, The Meadows Psychiatric Hospital, Centre Hall, PA. December 2009 – April 2010, 150-hour practicum.
 - Provided short-term individual and group counseling to in-patient psychiatric patients on both the Adult and the Adult Stabilization Units at a private 101-bed behavioral health care facility.
- ***Help Line Counselor***, Hep C Connection, Denver, CO. September 2006 – May 2007.
 - Provided emotional support, education and information on Hepatitis C and HIV while staffing a counseling hotline.
 - Solely created, designed and implemented volunteer program for this non-profit organization including recruiting, training and managing 28 volunteers.
- ***Psychotherapist Masters-level Intern***, MDS Counseling Center (Community Mental Health), Denver, CO. June 2005 – May 2006.
 - Provided individual, group, and family psychotherapy and crisis counseling to a diverse population of children, adolescents, adults, and families.
- ***Crisis Counselor***, Moving to End Sexual Assault, Boulder, CO. March 2004 –September 2005.
 - Provided crisis counseling and legal and medical advocacy to sexual assault clients and family members while staffing a 24-hour crisis/information hotline.

Program Development & Clinic Coordination Experience

- ***Stress and Wellness Clinic Program Development Committee***, University of Tennessee, Knoxville, TN. August 2010 – May 2011.
 - Expanded infrastructure, created policy and procedure changes and program development for UT Stress and Wellness Clinic (SWC) on 3-person committee. SWC managed the Counseling Center's client waiting list by providing short-term counseling focused on coping skills, wellness, prevention and stress management.
 - Developed and conducted outreach and clinic programs.
 - Trained staff in clinic services and procedures.
 - Developed marketing materials, client resources, and website resources.

➤ **Peer Education Program Manager**, Center for Women Students, The Pennsylvania State University, University Park, PA. August 2007 – May 2009.

- Conducted program management of outreach projects for group of over 200 undergraduate women including recruiting, directly training and managing 50 undergraduate women in leadership positions as part of graduate assistantship.
- Taught and trained undergraduate women and men in a paraprofessional peer education group on healthy relationships, sexual violence, and body image issues.
- Developed programs and organized campus events, outreach projects, and peer education speaking engagements that directly served over 10,000 students and youth.

Professional Presentations

Fatter, D. (2016). “*Utilizing Phase-Oriented Treatment & Adjunctive Interventions to Regulate Arousal in Trauma Treatment*” Presented at the Collin County Psychological Association, Allen, TX.

Fatter, D. (2014). “*Military Sexual Trauma*”. Presented at the Texas Association Against Sexual Assault Conference, Dallas, TX.

Grossenbacher, P. G., Gravesz, K. A., **Davis, D.** (2012). “*Cultivating Concord through Inter-Viewing: A New Method for Inter-Lineage Contact*”. Presented at the International Association of Buddhist Universities Conference, Ayutthaya, Thailand.

Davis, D. (2011). “*Regulating Your Arousal by Breathing: Training in Heart Rate Variability,*” Presented as part of the Professional Development Series on Complex Trauma, Trauma Center, Brookline, MA.

Davis, D., Bingham, J., Marks, M. & Daly, K. (2011). “*Bridging the Gap: A Needs Assessment of UT Student Veterans and Student Affairs Services.*” Presented to the Vice Chancellor and the Department of Student Affairs, Professional Development Series, University of Tennessee, Knoxville, TN.

Diyankova, I., Daly, K. & **Davis, D.** (2011). “*Introducing stress and wellness clinic to increase college student success and well-being.*” Presented at the 2011 American College Personnel Association (ACPA) Conference, Baltimore, MD.

Bingham, J., Marks, M., Bartsch, M., Briscoe, C., **Davis, D.,** & Daly, K. (2011). *iConsult: Assessing the Needs of Student Veterans.* Presented at the 2011 National Outreach Conference for Counseling Centers, Park City, UT.

Hayes, J.A., & **Davis, D.** (2011). *Therapist mindfulness, meditation experience, and differentiation of self as predictors of countertransference management qualities.* Paper presented at the meeting of the Society for Psychotherapy Research, Bern, Switzerland.

Vinca, M., Hayes, J. A. & **Davis, D.** (2007). "Cultivating therapist qualities known to be efficacious for clients: Is mindfulness the way?" Presented at Mid-Atlantic Regional Group Meeting of the Society for Psychotherapy Research (MASPR), New York City, NY.

Publications & Editorial Work

Zhuang, X., **Fatter, D. M.** & Grossenbacher, P. G. (2015, in press). Exploring the lived experience of meditation instructors. Kaklauskas, F., Hoffman, L., Clements, C. & Hocoy, D. (Eds.) *Shadows and Light: Philosophy, Practice, and Pedagogy of Contemporary Transpersonal Counseling*. University Professors' Press.

Fatter, D. M. & Hayes, J. A. (2013). What facilitates countertransference management? The roles of therapist meditation, mindfulness, and self-differentiation. *Psychotherapy Research*, 23(5), 502-13.

Davis, D. M. & Hayes, J. A. (2012). What are the benefits of mindfulness? Continuing Education, *APA Monitor*, July-August issue.

Davis, D. M. & Hayes, J. A. (2011). What are the benefits of mindfulness? A practice review of psychotherapy-related research. *Psychotherapy*, 48(2), 198-208.

Davis, D. M. (2010). Mindfulness and supervision: What psychotherapists need to know. *Psychotherapy Bulletin*, 45(1), 9-17.

➤ Ad Hoc Expertise Reviewer in the area of mindfulness for the following journals: Journal of Counseling Psychology, European Journal of Counseling Psychology, Psychotherapy, Mindfulness Journal (2011-2013).

Specialized Certifications & Training

➤ Cognitive Processing Therapy Training, Department of Veteran Affairs, 2013.

➤ Certificate in Traumatic Stress Studies, nine-month training under the direction of Dr. Bessel van der Kolk, The Trauma Center at Justice Resource Institute, 2012.

➤ EEG Biofeedback (Neurofeedback) Comprehensive Training Course, EEG Spectrum International, 2011.

➤ Internal Family Systems: Working Systematically with the Inner Parts of the Person, The Individual & Family CHOICES Program, Altoona, PA, 2010.

➤ Eye Movement Desensitization and Reprocessing (EMDR) Trained, Level 2 Rocky Mountain EMDR Training Institute, Boulder, CO, 2006.