

# MARY N. ISKAROUS

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## CURRICULUM VITAE

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### EDUCATION

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- 2008 – 2013      **Psy.D. in Clinical Psychology**, Regent University, Virginia Beach, VA  
American Psychological Association (APA) Accredited
- 2008 – 2011      **Master of Arts in Clinical Psychology**, Regent University, Virginia Beach, VA
- 1998 – 2002      **Bachelor of Commerce**, Ain Shams University, Cairo, Egypt  
Major: Business Administration
- 1998-2005      **Piano Performance Diploma**, Trinity College of London, Cairo, Egypt  
With Honors

### LICENSURE AND CERTIFICATION

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**Certified Forensic Examiner, Institute for Law, Psychiatry, and Public Policy**, Charlottesville. VA.  
Basic and Advanced Training

**Licensed Clinical Psychologist**, Virginia Department of Health Professionals (Licensed #0810004931,  
Exp. 06/30/2016)

### WORK EXPERIENCE

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- May '14 – Present      **Speaker**, TZK Seminars  
Newport News, VA  
Provide webinars for various mental health professionals aimed to increase competence working with the Middle Eastern and Arab ethnic and sexual minority population residing in the U.S.
- Jan. 14' – Present      **Licensed Clinical Psychologist**, Eastern State Hospital (ESH-DBHDS),  
Williamsburg, VA  
Serve diverse inpatient and forensic populations as part of a multidisciplinary treatment team within a recovery-oriented, trauma focused program; provide a wide range of psychological interventions such as individual, group and milieu therapy, psychological assessments and neuropsychological screenings; conducted recertification and recommitment evaluations and completed Annual and privilege packets reports, as well as risk management plans
- Sep. 13' – Dec. 13'      **Psychology Associate**, Lassiter and Associates Inc., Virginia Beach, VA  
Supervisor: James Lassiter, Ph.D., LCP, ABPP  
Provided psychological and cognitive assessment and neuropsychological screening for low-income children, adolescents and young adults from diverse cultural backgrounds
- May 05' – Jun. 08'      **Program Director**, Drug Proofing Your Kids (DPYK), Cairo, Egypt  
Managed the launch of DPYK in Egypt by adapting the program to local culture through data collection & analysis to ensure cultural relevance; conducted presentations and trainings to introduce the program to the surrounding community and facilitators

### PRE-DOCTORAL INTERNSHIP (APA Accredited)

Sep. 12' – Sep. 13'      **Springfield Hospital Center**, (Psychology Intern), Sykesville, MD

**Admission and Acute Psychiatric Units, Sykesville, MD**

Supervisors: Heather Hartman-Hall, Ph.D.; Manuel Raposo, Ph.D.; John Zager, Ph.D.

Served diverse inpatient and forensic populations as part of a multidisciplinary treatment team at multiple settings including the Recovery Units (Chronically and medically fragile mentally ill populations), and the Acute Admissions Units (forensic populations); provided a wide range of psychological interventions such as individual, group and milieu therapy, treatment planning and consultation, as well as psychological and neuropsychological assessment

**St. Luke Institute, Silver Spring, MD**

Supervisor: Jeff Martens, Ph.D.; Taryn Millar, Psy.D.

Provided individual therapy for Catholic clergy and religious men and women from diverse cultural backgrounds and age groups presenting with mood disorders, personality disorders and sexual identity concerns

**OTHER CLINICAL EXPERIENCES**

Aug. 11' – Apr. 12'

**Lassiter and Associates Inc.** (Advanced Practicum), Virginia Beach, VA

Supervisor: James Lassiter, Ph.D., LCP, ABPP

Provided psychological and cognitive assessment and neuropsychological screening for low-income children, adolescents and young adults from diverse cultural backgrounds

Aug. 10' – Aug. 11'

**Eastern State Hospital, (ESH-DBHDS)** (Clinical Practicum), Williamsburg, VA

Supervisors: Donna Cairns, Psy.D.; Alexandra M. Price, Psy.D., HSPP; Jennifer E. Stelmach, M.A.; Amanda Simon-Parsons, M.A.

Provided individual, group and milieu therapy, psychological assessments and neuropsychological screenings as well as substance abuse/dependence screenings for inpatient and forensic populations; coordinated and implemented interdisciplinary education for nursing staff working with behaviorally challenged individuals in order to encourage continuity of care

Sep. 09' – Aug. 10'

**Regent University** (Clinical Practicum), Virginia Beach, VA

Supervisor: Linda Baum, Ph.D.

**Psychological Services Center**

Provided individual, group, and couples psychotherapy, as well as psychological assessment for an outpatient population of various age groups (9 - 65) and diverse ethnic, cultural, socioeconomic, educational and religious backgrounds

**Juvenile & Domestic Relations Court Services**

Conducted intake interviews, substance use screenings, and provided parole officers with psychological reports including recommendations; provided comprehensive psychological assessments when requested.

**Career Resource Center**

Conducted career interviews, administered career assessments, and wrote career evaluations for university students/alumni seeking career consultation.

**Community Outreach**

Provided various community services including increasing awareness of mental health issues, informative seminars, groups, and tabling events

## **PROGRAM DEVELOPMENT, EVALUATION AND CONSULTATION**

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- 2012 - 2013      **Cognitive Remediation Program**, Sykesville, MD  
Supervisor: Talibah Buchanan, Ph.D.  
Conducted an outcome evaluation of cognitive remediation program on social cognition; provided recommendations for enhancing program and educated staff on research on cognitive remediation groups in inpatient settings
- 2011              **Seton Youth Shelters – Street Outreach Program**, Virginia Beach, VA  
Supervisor: La'Trelle Jackson, Ph.D.  
Co-developed a promotion training curriculum entitled: “CHRYISIS: Comprehensive Homeless and Runaway Youth Staff Intervention Strategies,” for the purpose of educating and equipping staff members of any youth organization involved in serving homeless youth; provided training focused on increasing staff awareness, knowledge, and skills regarding sexual risk behaviors among homeless youth; co-developed a website “SteetSavvy” containing full resource curriculum series covering various domains in serving homeless populations
- 2010              **Sexual Minorities Therapy Group Curriculum**, Virginia Beach, VA  
Supervisor: Mark A. Yarhouse, Psy.D.  
Co-developed a group curriculum for sexual minorities based on the Sexual Identity Therapy model

## **RESEARCH EXPERIENCE**

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- Aug. 11’ – May 13’      **Doctoral Dissertation Research**, Regent University, Virginia Beach, VA  
Dissertation Title: *“Experiences of Arab Sexual Minorities in the United States”*  
Dissertation Chair: Mark A. Yarhouse, Psy.D.
- Aug. 11’ – Dec. 11’      **Research Assistant**  
Supervisor: Naji Abi-Hashim, Ph.D.  
Retrieved, reviewed and outlined multiple articles for research on cultural and cross-cultural psychology
- Jan. 11’ – Mar. 11’      **Child Trauma Research Team**  
*Regent University*  
Supervisors: Donald Walker, Ph.D.  
Marketed for in a clinical trial evaluating the effectiveness of a spiritually-oriented form of trauma-focused cognitive behavior therapy for children who have experiences physical or sexual abuse
- Sep. 08’ – Sep. 12’      **Institute for the Study of Sexual Identity (ISSI) Research Team**  
Supervisor: Mark A. Yarhouse, Psy.D.; Elizabeth Suarez, Ph.D.  
Conducted in-depth, structured interviews for a study of sexual identity synthesis among individuals who experiences sexual abuse; participated in variety of research projects that study sexual and gender identity and development; collaborated with the Tidewaters AIDS Community Taskforce in conducting sexual histories and risk assessments for clients receiving HIV testing

## INVITED ADDRESSES, WORKSHOPS, SEMINARS

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**Iskarous, M.** (May, 2014). *Working with Arab American Ethnic & sexual Minorities: Clinical & Cultural Considerations*. Didactic Seminar for Springfield Hospital Center Psychology Staff, Springfield Hospital Center, Sykesville, MD

**Zaher, M.** (2013, July). *Experiences of Arab Americans Sexual Minorities in the United States*. Address for Springfield Hospital Center Psychology Staff, Springfield Hospital Center, Sykesville, MD.

Brown, L., Erikson, H., Morgante, C., & **Zaher, M.** (2011, March). *Choosing a clinical practicum site*. Address for Psychological Services Center staff, Regent University, Virginia Beach, VA.

## PROFESSIONAL PRESENTATIONS

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**Iskarous, M.,** & Yarhouse, M. (2014, August). *Global Intersecting Identities: Comfort and Belonging*. Symposium at the APA Convention, Washington D.C.

Maclin, V., & **Zaher, M.** (2011, October). *Sexual, Racial Identity, Orientation and Religiosity in Mental Health*. Paper presentation at the 11<sup>th</sup> Annual Diversity Challenge Conference, Boston, MA.

**Zaher, M.** & Yarhouse, M. (2012, March). *Ethnic, Religious, and Sexual Identity Among Arab American Sexual Minorities*. Poster Presentation at CAPS National Conference, Washington, D.C.

## PROFESSIONAL TRAININGS AND CERTIFICATIONS

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2011 *Cultural Adaptation of Psychotherapy: Tools for Practice and Research*, 119<sup>th</sup> APA Annual Convention, Washington DC

2011 *Culture and Trauma*, NCTSN Learning Center for Child and Adolescent Trauma online

2011 *Cognitive Processing Therapy*, Navy Medline online

2011 *Psychological First Aid*, NCTSN Learning Center for Child and Adolescent Trauma online

2011 *Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)*, Medical University of South Carolina(MUSC)

2010 *Sexual Identity Therapy* Regent University/Genesis Counseling Center

2010 *Utilizing Play Therapy with Children and Adolescents*, Regent University/Genesis Counseling Center

2010 *Clinical and Ethical Issues in Working with Sexual Identity*, Regent University

2008 *From Trauma to Addiction*, International Critical Incident Stress Foundation, INC

## PROFESSIONAL AFFILIATIONS

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2008 – Present American Psychological Association (APA)  
Division 44, Society for the Psychological Study of Lesbian, Gay, Bisexual and Transgender Issues  
Division 45, The Society for the **Psychological** Study of Ethnic Minority Issues

## HONORS AND AWARDS

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2008 – 2013 **President's Scholarship Award**, Regent University, Virginia Beach, VA

## REFERENCES

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*Available Upon Request*