Substance abuse is one of the most common clinical problems of patients who present for treatment. These patients struggle with a life-threatening, clinically complex problem that is subject to a variety of physiological and psychological factors. This webinar will focus on treating people plagued by complex additions issues. You will learn about the risk and protective factors related to addiction. There will be useful suggestions for assessing and treating addicted patients. Adolescent addiction will be discussed. There will also be material on motivational interviewing and effective stress control.

**Learning Objectives**

At the end of this seminar, participants will be able to:

1. Identify important risk and protective factors for addiction
2. Discuss the common clinical models of addiction and recovery
3. Describe the common characteristics and co-occurring mental disorders of complex addictions
4. Identify the key elements of successful addiction recovery
5. Utilize time lines and developmental models to guide treatment

**Outline**

**Seminar Schedule**

Begin 10 AM ET and end 5:45 PM ET

- 15 minute breaks at 11:30, 3:15, and 4:30, and a one hour lunch break at 1PM

**Register On-Line at tzkseminars.com for only $89**

**General Information**

The TZKseminars educational planning committee members and this seminar’s presenter have no relationship with a commercial interest pertinent to the content of this seminar. Individuals with a disability or special need can go to tzkseminars.com to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN. This approval expires on March 28, 2022. To cancel a registration, go to the Contact page: You will be charged $30 for any cancelled registration. If you would like to file a grievance, go to tzkseminars.com and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:

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**The Presenter**

Dr. David McDuff is a nationally known addiction, trauma, and sports psychiatrist and a retired Army Colonel. He holds faculty appointments at the University Of Maryland School Of Medicine in Baltimore (clinical professor) and the Uniformed Services University in Bethesda (adjunct associate professor). He is the founder of the University of Maryland’s Division of Alcohol & Drug Abuse and its Addiction Psychiatry Fellowship and Sports Psychiatry Programs and has three times been selected by Baltimore Magazine as its Top Doc in Addiction Psychiatry. He is an active clinician, teacher, speaker, and writer who has given more than 120 lectures at national and international conferences and published 60 journal articles, book chapters & reviews, manuals and monographs including his highly regarded book entitled “Sports Psychiatry: Strategies for Life Balance & Peak Performance (2012, American Psychiatric Press).” He is one of America’s leading Sports Psychiatrists serving as the team psychiatrist and mental skills trainer for the Baltimore Orioles (1996-present) and Ravens (1996-2013) and as the performance medicine physician for the Indianapolis Colts (2015-2018). He is now working with the University of Maryland’s football team. Dr. McDuff has been married since 1978 to Marie Sanders McDuff and has four children and four grandchildren. For additional information on his work with athletes see his MD Sports Performance website (www.mdsports.net).

**The Treatment of Complex Alcohol, Tobacco, and Drug Dependence**

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