Clinical Work with Older Adults

As people are living longer worldwide, clinicians will increasingly need the skills and knowledge to work with older adults. Professional guidelines indicate that specific competencies are needed to work effectively with older clients, yet many clinicians surveyed say they have not had sufficient training and experience to work with this client population. This webinar is designed to familiarize participants with information and useful strategies from the scientific literature and clinical experience to allow you to work competitively and successfully with older adults. The webinar will cover normal aging as well as health and cognitive concerns in older adults. Adjustments to assessment and intervention strategies to meet the needs of older adults will be discussed. Awareness of ageism and cultural factors will also be covered.

Learning Objectives

At the end of this seminar, participants will be able to:
1. Identify three possible consequences of ageism
2. Identify how to adjust assessment/intervention to working with older adults
3. Identify normal vs. worrisome cognitive changes with age
4. Identify cultural factors in working with older adults
5. Describe how medical conditions can mimic/exacerbate psychiatric symptoms

Outline

Begin 10 AM ET
Introduction/Background
Ageism
Normal Aging
Mental Illness in Older Adults
Delirium and Dementia
Decisional Capacity
Physical vs. Psychiatric Presentations
Break 11:30-11:45 AM ET
Cultural Considerations
Cognitive Changes and Mental Illness
Assessment of Older Adults
Treatment Planning
Treatment Considerations for Specific Presenting Problems
Memory Tools/Strategies
Death and Dying
End 1:15 PM ET

Outlines

Psychologists
Social Workers
Counselors
Therapists
Counselors
Psychiatrists
Nurses

Course level: Intermediate

How To Register:

On-Line at tzkseminars.com
Register On-Line for only $59

The Presenter

Dr. Heather Hartman-Hall, a licensed psychologist, earned her Ph.D. in Clinical Psychology from American University in 2000. She has provided crisis counseling, individual/group psychotherapy, consultation and assessment for adolescents and adults in a variety of settings including a state psychiatric hospital, a juvenile facility, elder care facilities, primary care, and private practice. For more than a decade, she conducted individual and group psychotherapy with psychiatric inpatients presenting with difficulties including severe mental illness, substance abuse, cognitive impairment, significant trauma histories, dissociative symptoms, and self-harming behaviors. She has provided training, supervision, consultation, and program development on topics including assessment, self-injury, psychological trauma, and working with older adults. She has extensive experience in psychological assessment, including assessment for cognitive impairment and the effects of psychological trauma.

Dr. Hartman-Hall has served as the Director of Training, a clinical supervisor, and a regular seminar presenter for an APA-accredited clinical psychology pre-doctoral internship. She currently provides assessment, intervention, and consultation in a primary care setting and is a faculty member of an internal medicine residency program.

General Information

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN: This approval expires on March 1, 2022.

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Tzkseminars
6030 Daybreak Circle, Suite A150/355
Clarksville, Md. 21029

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