**Outline**

**Diagnosis**
- Symptom presentations
- Diagnostic interview
- Understanding maintaining factors
- Complications of comorbidity

**Treatments**
- Overview of medications
- Exposure and prevention
  - Creating an exposure hierarchy
  - Ritual prevention
  - Exposure
  - Complicating factors
  - Adapting EX/RP for children

**Special cases**
- FANS
- Challenging presentations

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**Target Audience**
- Psychologists
- Social Workers
- Therapists
- Psychiatrists
- Nurses
- Counselors

**Course level:** Intermediate

**Learning Objectives**
- At the end of this seminar, participants will be able to:
  1. Diagnose and assess severity of Obsessive Compulsive Disorder.
  2. Identify the different presentations of obsessions and compulsions.
  3. Identify cognitions and behaviors that maintain OCD symptoms.
  4. Create a CBT-based treatment plan tailored to an individual’s presenting symptoms.
  5. Identify the special considerations needed to treat children with OCD.

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**Seminar Schedule**

Begin 10AM EST and end 5:15 PM, with 15 minute breaks at 11:30 and 3:30, and a 45 minute lunch break at 1:15 PM

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**General Information**

The TZKseminars educational planning committee members and this seminar’s presenter have no relationship with a commercial interest pertinent to the content of this seminar. Individuals with a disability or special need can go to tzkseminars.com to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D.; Phil Rich, UCSF; and Loren Yearick, MSN, RN. This approval expires on March 1, 2022.

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