Substance abuse is one of the most common clinical problems of patients who present for treatment. These patients struggle with a life threatening, clinically complex problem that is subject to a variety of physiological and psychological factors. This webinar will focus on treating people plagued by complex additions issues. You will learn about the risk and protective factors related to addiction. There will also be useful suggestions for assessing and treating addicted patients. Adolescent addiction will be discussed. There will also be material on motivational interviewing and effective stress control.

Our seminars are available in two formats: The First is a live, interactive webinar: You can ask questions of our presenters, either by typing them or speaking into a microphone. If the webinar time is not convenient for you, you can purchase the Home Study version: It is a recorded version of the webinar. You will have to pass a test to earn CE’s for both the live webinar and the Home Study version.

Learning Objectives
At the end of this seminar, participants will be able to:
1. Identify important risk and protective factors for addiction.
2. Discuss the common clinical models of addiction and recovery.
3. Describe the common characteristics and co-occurring mental disorders of complex additions.
4. Identify the key elements of successful addiction recovery.
5. Utilize time lines and developmental models to guide treatment.

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The Treatment of Complex Alcohol, Tobacco, and Drug Dependence

Outline

What is complex addiction?
Integrated MISA Service
Comorbidity
Parallel Timeline Method
The Recovery Process
Substance Misuse
Substance Abuse Treatment
Adolescent Substance Misuse
Motivational Interviewing
Effective Stress Control
Rates of Adolescent Substance Use

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The Presenter
Dr. David McDuff is a nationally known addiction, trauma, and sports psychiatrist and a retired Army Colonel. He holds faculty appointments at the University Of Maryland School Of Medicine in Baltimore (clinical professor) and the Uniformed Services University in Bethesda (adjunct associate professor). He is the founder of the University of Maryland’s Division of Alcohol & Drug Abuse and its Addiction Psychiatry Fellowship and Sports Psychiatry Programs and has three times been selected by Baltimore Magazine as its Top Doc in Addiction Psychiatry. He is an active clinician, teacher, speaker, and writer who has given more than 100 lectures at national and international conferences and published 60 journal articles, book chapters & reviews, manuals and monographs including his highly regarded book entitled “Sports Psychiatry: Strategies for Life Balance & Peak Performance (2012, American Psychiatric Press).” He is one of America’s leading Sports Psychiatrist serving as the team psychiatrist and mental skills trainer for the Baltimore Orioles (1996-present) and Ravens (1996-2013) and as the performance medicine physician for the Indianapolis Colts (2015-2018). He is now working with the University of Maryland’s football team.

Dr. McDuff has been married since 1978 to Marie Sanders McDuff and has four children and four grandchildren. For additional information on his work with athletes see his MD Sports Performance website (www.mdsports.net).

General Information
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